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ALBUM **PAGE 13**



HIGH SCHOOL SMOKED OUT

Garden City Collegiate had to be evacuated Monday after a fire broke out in a wall in an office on the school's east side just before noon. The small fire was started by workers trying to heat a frozen pipe, which lit combustibles in the wall. Fire crews had to break down the wall from both inside and outside the school to put out the fire. No one was injured, and classes were expected to resume Tuesday.

SHANE GIBSON/METRO

STARS sees rise in its missions

Flying high. Change in dispatching brings numbers in line with other provinces



SHANE
GIBSON
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A change to how Manitoba's STARS air ambulance is dispatched to calls led to a dramatic spike in the number of missions the service flew last month.

After starting the year grounded by the province following the death of a patient in late 2012, STARS flew 60 missions between March (when it got the OK to operate again) and the end of September.

But in November, the not-for-profit responded to a total of 26 calls, with 14 of those missions coming within the last 12 days of the month.

"That's more than one a

day ... which is more consistent with what we see in other regions," said STARS spokesperson Cam Heke.

"We're pleased that we're able to be helping more often in the community and work as part of that bigger team."

Last year STARS flew 177 missions in Manitoba, compared with 821 in Saskatchewan and almost 1,700 in Alberta.

What made the difference last month, said Heke, is new criteria that came into effect Nov. 18 that "significantly" increases the number of incidents the service is called to.

Heke said the change means things like heart attacks, strokes and highway crashes can be automatically dispatched to STARS.

"We're being initiated early on in some of these major incidences, which is saving time and enabling us to care for patients more quickly."

The change in dispatch

criteria was recommended in a review ordered after the service was grounded last year.

The Winnipeg Regional Health Authority took over management of STARS from Manitoba Health in August.

Contract

The Manitoba Government signed a 10-year contract with STARS in 2012 that sees the province pay a flat fee of \$10 million per year for the service.

The authority told Metro that they're working closely with STARS, along with the Manitoba Medical Transportation Coordination Centre and the Office of the Medical Director, to implement the review's recommendations and increase the air-ambulance service's call volume.

WITH FILES FROM THE CANADIAN PRESS



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January address



Hillary Clinton in Ottawa earlier this year. THE CANADIAN PRESS FILE

Hillary Clinton coming to town

Former U.S. Secretary of State Hillary Clinton is heading to Winnipeg, where she'll deliver a keynote address.

The former New York governor will be in town on Jan. 21 at the Winnipeg Convention Centre as part of the Global Perspectives series, sponsored by CIBC.

Clinton is expected to run for the Democratic Party presidential nomination next year.

Tickets are \$285 and are available at the Winnipeg Chamber of Commerce. **METRO**

Exeunt

Lyle Bauer leaves Tory party post

Lyle Bauer said he's "delivered" during his time as CEO of the province's Progressive Conservative Party and now is the time to leave.

The Tories announced the departure of Bauer, a former CEO of the Winnipeg Blue Bombers, on Monday, saying that he'd "taken our organization and moved it forward over the past year."

Tory leader Brian Pallister said he knew Bauer would take the party to "the next level."

"While we will miss his daily contributions to the team, we will forever benefit from the structure he has built into our party organization," added Pallister in a news release.

Bauer said his time with the Tories was "specific in regards to mandate and term, and both have been delivered."

"The attained success could not have been possible without the great staff and volunteers at the party," added Bauer.

"I wish Brian Pallister and the PC Party of Manitoba all the best in the future." **METRO**

Wildlife. Advocates decry end to night-flight patrols

The Manitoba Wildlife Federation (MWF) is calling out the provincial government for cancelling surveillance flights that aim to catch poachers who hunt illegally after dark.

The practice, known as spotlighting, is against the law for non-aboriginal hunters and threatens both people and the province's big-game populations, according to the MWF.

"Conservation officers tell us night flights are effective in locating spotlighters and, if they had their choice, the

flights would be conducted," said MWF president Brian Strauman in a release.

This is the second straight year the province has cancelled the flights.

A representative from the province said Manitoba Conservation and Water Stewardship uses a number of tactics to catch people hunting at night, including surveillance, vehicle patrols and a tip line, and the decision to cancel night flights has not led to a decrease in the number of people caught. **METRO**

Whiskerpeg. 'Cat-rights activist' to teach owners

The City of Winnipeg picked the purr-fect time to launch Whiskerpeg, a social-media personality that will provide information on the new cat-licensing program.

Called a "vocal cat-rights activist" in a city news release, Whiskerpeg will have its own hashtag and promote "equality for cats" now that required licensing kicks in Jan. 1.

Leland Gordon, chief operating officer of the Animal Services Agency, called #Whiskerpeg "a unique way"

to get the message out via the city's website, Twitter and Facebook.

The annual licence fee for spayed and neutered pets is \$15 for cats and \$30 for dogs, but the fee is higher for pets that haven't been spayed or neutered: \$50 for cats and \$65 for dogs.

The fine for not having your cat or dog licensed is \$250.

Licences can be purchased online at winnipeg.ca/animalservices.

BERNICE PONTANILLA/METRO

NDP retains power, but premier's fate less clear

Non-confidence vote.

Tory leader derides NDP 'dissidents' who still voted with government

Manitoba's troubled NDP government survived a non-confidence motion in the legislature Monday, despite divisions within the caucus.

None of the six NDP members who have challenged Premier Greg Selinger's leadership voted with the Opposition Tories to bring down the government.

Tory Leader Brian Pallister said he was disappointed.

"They're dissidents not wanting to make a difference," said Pallister, "dissidents wanting to complain but willing to prop up the government and to do what they can to remain in their seats."

The former ministers have said their issue is with the premier, not with the NDP.

Selinger did not stop to talk to reporters after the vote. As he walked briskly from the



Greg Selinger's government survived a non-confidence vote on Monday. THE CANADIAN PRESS FILE

chamber to his office, he said the result means he can focus on governing.

"I think it allows us to move forward on the throne speech and address the priorities of Manitobans."

Selinger has faced public anger and low polling numbers since raising the provincial sales tax last year to eight per cent from seven.

In October, five of his top cabinet ministers openly ques-

Vote

34-20

The Tory non-confidence motion was defeated 34-20.

tioned his leadership and said he should consider resigning. They later stepped down from cabinet and now sit as backbenchers.

Despite Monday's vote, Selinger's problems are far from over. NDP officials are organizing a leadership contest for the party's annual convention in March, and one of the ministers who resigned, Theresa Oswald, is considering a run. The NDP council will meet this weekend to hammer out the rules.

It remains unclear how much support Selinger has within his own caucus. A source said last month that Selinger was openly challenged at a caucus retreat in September, and only half the caucus stood by him.

THE CANADIAN PRESS

Impaired driving

Local police kick off the Festive Season Checkstop Program

Winnipeg police are once again hitting the streets to catch drivers who get behind the wheel after drinking this holiday season.

The 2014 Festive Season Checkstop Program officially kicked off

Monday and will see an increased police presence on roadways throughout December, including New Year's Eve.

Officers will focus on areas where drinks are going down, including bars, restaurants, Christmas parties and socials.

Police will also publish the names of drivers charged with impaired driving during the campaign. **METRO**

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Women arrested over Canada Goose smash-and-grab

Police have made a pair of arrests after they released surveillance photos of two women accused of stealing thousands of dollars worth of Canada Goose winter jackets from a Tuxedo-area store last month.

The thieves smashed through the front window of the outdoor clothing business in the 2000 block of Corydon around 6 a.m. on Nov. 16 and made off with more than 40 Canada Goose winter jackets valued at \$15,000.

Police released the photos on Monday morning and tweeted out Monday afternoon that the suspects had been located. **METRO**



Mayor Brian Bowman smiles during a media scrum at city hall on Friday, following an executive policy committee meeting. BERNICE PONTANILLA/METRO

Bowman set to table motions on pay cuts

Not severance. Mayor pledges to end practice of 'political payouts'



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Mayor Brian Bowman is promising a flurry of motions — including on cuts in pay and payouts for elected officials — at Wednesday's executive policy committee (EPC) meeting.

The motions are all related to pledges Bowman made during his mayoral campaign.

Among the motions are a 50 per cent cut in the top-up the six councillors on the EPC receive, as well as the Speaker and deputy

Office of Policy

Mayor Brian Bowman will introduce a motion on Wednesday for the creation of the Office of Policy and Strategic Initiatives, which will study and develop policies, provide political oversight and quality control and support the work of all EPC chairs and council committees, as well as deliver the mandate of the mayor.

Speaker, and the elimination of certain expenses for the Councillors Representation Allowance, such as meal and alcohol costs for meetings, professional sporting events and even Internet costs for the home offices of councillors.

A third motion calls for the elimination of political payouts, which the mayor's office described in a press release as being referred to "inaccurately as severance for elected officials who choose not to seek re-election or who do not win in their election race."

Bowman said most workers in Winnipeg don't have jobs "where when they quit they are rewarded with a hefty payout," and neither should council.

"On Oct. 22, Winnipeggers were clear that they want to see political payouts end at city hall," Bowman added.

"I remain steadfast in my commitment that I will never collect a severance payout on the backs of Winnipeggers and will continue to do all I can to end this practice at city hall entirely."

Bail hearing delayed in infant bodies case

A woman accused of hiding the remains of six infants in a Winnipeg storage locker is still behind bars after her bail hearing was delayed Monday.

The lawyer representing Andrea Giesbrecht said he couldn't go ahead with the bail application because the Crown has not yet shared the autopsy report on the remains. Without the report, Greg Brodsky said there are too many unanswered questions, which makes it impossible to "understand the case against the accused."

"Was there a sign of fracture? Was the period of gestation 20 weeks or 24 weeks or two weeks?" he said out-

side court. "They want to do a toxicological examination that has nothing to do with whether the body is an infant, whether the body is a fetus. It has nothing to do with the cause of death or whether the baby was stillborn."

Brodsky has said that if the remains turn out to be under 20 weeks' gestation, they would not be considered children under the law.

The hearing has been rescheduled for Dec. 16.

Giesbrecht, 40, showed no emotion as it became apparent she would spend another two weeks behind bars before her bail application was considered. She is facing

six charges of concealing the bodies, as well as unrelated fraud charges and a count of breaching a court order.

Crown attorney Debbie Buors said the chief medical examiner's office is waiting on toxicology and DNA results, which are done by an outside lab. The Crown will be opposing bail, she said.

Giesbrecht is not facing homicide charges right now, but Buors said "that might change in the future."

Brodsky, who initially said his client was "bewildered" by the charges facing her, said Giesbrecht is eager to be released from custody.

THE CANADIAN PRESS



Sounds of Bessie Smith resurrected on stage

Miche Braden sizzles as the legendary Empress of Blues in the Manitoba Theatre Centre's production of *The Devil's Music: The Life and Blues of Bessie Smith* at the Tom Hendry Warehouse. The show runs Dec. 4 to 20. Tickets cost \$20.48 and are available through the Royal MTC box office. ADRIANA MINGO/METRO

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TRANSIT TUESDAY

Weekly Transit News Update

NEW TRANSIT FARES JAN. 1

Starting Jan. 1, full and Handi-Transit cash fares will be \$2.60. Youth and senior cash fares will be \$2.10. New rates for passes and tickets will also be in effect Jan. 1.

Winnipeg Transit will continue to offer lower fares for seniors, qualifying students and post-secondary students. Your 2014 bus ticket (plus applicable cash difference) will be accepted until March 31, 2015.

For complete transit fare information, including pass and ticket sales locations, please visit winnipegtransit.com or contact 311.

THE SANTA BUS IS ON THE ROAD

Winnipeg Transit's Santa Bus is collecting cash donations for the Christmas Cheer Board. From now until Dec. 24, all cash fares plus any additional donations go directly to the Cheer Board. Last year, the Santa Bus collected \$13,000 for the Christmas Cheer Board and the goal is to raise even more this year.

The Santa Bus features larger-than-life images of the jolly old man himself, along with all his happy reindeer on the exterior of bus No. 818.

This week, look for the Santa Bus on Route 11 Kildonan-Portage. If you are planning to make a donation, please remember, Winnipeg Transit does not accept bills or pennies on any of its buses.

If you would like to know where the Santa Bus is operating, use Winnipeg Transit's BUSxt feature (287898) on your mobile device — enter Bus 818 then press send. BUSxt will text you back in just a few seconds displaying which route the Santa Bus is on, plus the time it will be arriving at its next stop.

DID YOU LOSE OR FIND SOMETHING ON THE BUS?

Call 311 or visit Winnipeg Transit's lost property office at Winnipeg Transit's Downtown Service Centre in Winnipeg Square.

NEW MILLENNIUM LIBRARY SERVICE CENTRE NOW OPEN

Winnipeg Transit's Millennium Library Customer Service Centre, located at 251 Donald St. (corner of Graham and Donald) is now open. Service hours are Monday to Friday, 8:30 a.m. to 4:30 p.m.



Grant Zazula, a paleontologist in the Yukon Paleontology Program, takes samples from mastodon fossils to be sent for radiocarbon dating in this undated handout photo. He is the lead author on a study that found the bones were almost 60,000 years older than first believed. YUKON PALEONTOLOGY PROGRAM/HANDOUT/THE CANADIAN PRESS

Scientists revise mastodon theory

Cause of death. Researchers believe the animals, which roamed the Yukon and Alaska, died due to global cooling

Scientists who re-examined the fossils of mastodons that once roamed what is now the Yukon and Alaska have changed their thinking and now believe global cooling likely wiped out the elephant's ancient cousin.

Earlier estimates dated the mastodon bones at about 14,000 years old, but a paleontologist in the Yukon

Paleontology Program says radiocarbon dating now puts the fossils at about 75,000 years old.

Grant Zazula says that instead of dying off at the end of the ice age as first believed, mastodons are more likely to have migrated to the area during a warming trend.

"We know that mastodons — which are relatives of mammoths and elephants — are not really well-adapted to cold conditions because their behaviour and their preferred habitats are forests. They eat forests-type plants," Zazula said.

Experts have always debated what drove so many of the animals to extinction

around the same time.

One theory is that when humans moved in, they hunted the animals to extinction. Another theory suggests climate change at the end of the ice age wiped out dozens of species.

"We know with warming temperatures today, there are animals migrating northward as well. It provides a really interesting comparison from the fossil record of how these animals respond to global warming."

Zazula was the lead author of a mastodon study published this week in the scientific journal *Proceedings of the National Academy of Sciences*.

THE CANADIAN PRESS

Religious leadership. Mom urges for tougher rules

Imposing rules on who can call himself or herself a religious leader is essential to combat radicalization in Canada, says the mother of a young man who was caught up in extremist Islam.

Fragile young people too easily fall prey to people who declare themselves holy leaders but who espouse ignorant and potentially violent views, Michelle Walrond told a Senate committee examining terrorism in Canada.

"Eradicating ignorance, which means eradicating influence of foreign-born radicalism, is the only way to ensure safety from extremism," she said.

Walrond told the senators her son became radicalized two decades ago by Muslim leaders financed by foreign sources.

He reportedly stood up at an Ottawa mosque recently and declared that the October shooting of a young Canadian soldier at the National War Memorial was a heroic act.

"I'm totally convinced that if the alternative voice is presented with anything near similar footing, people will naturally be inclined to it," she said, adding people would not act outside their best interests nor Canada's.

THE CANADIAN PRESS

Veterans. Opposition demands that Fantino resign

Julian Fantino was greeted Monday in the House of Commons by opposition demands that he step down — but how much of a political liability the veterans affairs minister may be for the Conservative government remains to be seen.

Smelling blood in the water, the third-party Liberals have launched slick online ads to capitalize on the outrage that followed the auditor general's critical assessment of how Veterans Affairs has been treating mentally ill ex-soldiers.

Both the opposition New Democrats and the Liberals piled on during question period Monday — Fantino's first since auditor general Michael Ferguson tore a strip off the government for making soldiers with post-traumatic stress wait up to eight months to find out if they're eligible for treatment.

Opposition Leader Tom Mulcair called Fantino's absence from the Commons an act of "cowardice," and wondered why he continues to have the confidence of Prime Minister Stephen Harper.

"He showed dereliction of duty by fleeing the country," Mulcair said during question period. "Will the minister — for once — do the honourable thing and resign?"

On Nov. 23, the government announced \$200 million in new funding for veterans programs, however opposition questioned Fantino who refused to clarify the plan's numbers. THE CANADIAN PRESS

Succeeds Rob Ford

John Tory sworn in as Toronto mayor

The tumultuous era of scandal-plagued Rob Ford came to an end Monday as his successor officially took over as mayor of Toronto.

The first major business of the day for John Tory was a meeting with Premier Kathleen Wynne at the Ontario legislature.

Tory said it was "no accident" he began his mayoralty that way because he plans to fulfil a campaign promise to work with other governments. Tory was sworn in at a private ceremony Monday afternoon ahead of his inauguration Tuesday. THE CANADIAN PRESS

G20 protests

Lawyers concerned about judicial appointment

Lawyers for some complainants involved in a disciplinary hearing for the most senior police officer — Supt. Dave (Mark) Fenton — charged in relation to mass arrests made during Toronto's G20 summit four years ago are raising concerns about a new retired judge appointed to the proceedings. Lawyers say they've learned "there is a real concern that there may be a reasonable apprehension" that Hamilton may be biased toward police officers. THE CANADIAN PRESS

Farm accidents shatter family

Three kids killed.
Devastating crashes with tractor, ATV claim brothers' lives, erase a family generation

When one of her children was killed six years ago, Anne Arnal never dreamed she would have to go through the same pain again.

And again.
Three of her six children — her freckle-faced, youngest boys — have died in separate accidents on the family's farm.

Arnal says most people can't fathom the grief she and her family are suffering.

"You try to figure out whether you're supposed to gain something or whether you're supposed to change somehow or what you're being tested for ... and I don't have the slightest idea."

Clifford Arnal grew up on the family homestead near the tiny community of Ravenscrag in southwestern Saskatchewan. He and his wife raised their children there, and it's where he and his brother and father spent decades harvesting crops and herding cattle.

Now the place is a reminder of his dead boys.

He hasn't been back to the farm since he buried two of his sons last summer. He took a construction job and his wife, who has stayed at the farm, makes the five-hour drive east to visit him in Estevan.

He doesn't know if he'll ever

go back, he says.

"It destroyed an entire generation that should be running that farm."

On March 25, 2008, Blake Arnal was on an all-terrain vehicle, trying to tag a newborn calf, when the quad went over a ridge and crashed into an icy creek below. He died instantly from a blow to the chest.

He was 14.

Sean and Lyndon Arnal grew up best buddies, two peas in a pod, who chased rabbits and raised pigs and often fell asleep together on a basement couch, once while keeping watch over a box of chirping newborn chicks under a heat lamp.

The two brothers were together on July 23, 2014, riding a tractor towing a baler toward home. The machinery was going down a hill when it crashed and the two died.

Sean had just turned 16. Lyndon was 10. They were buried together in the same coffin.

When Blake died in 2008, the father heard rumblings in the community that he, as a parent, was to blame. He says he had hired a farm worker to supervise Blake, who was a careful driver.

Anne Arnal says keeping her kids from farm work wasn't an option, even after Blake's death. Sean and Lyndon were energetic boys and she didn't want them growing up in a bubble, playing video games in the basement.

RCMP say they investigated but found nothing suspicious.

Wayne Bircham, who owns a nearby ranch and knows the Arnal family well, says his two



Sean, Blake and Lyndon Arnal pose with a rugby ball in this undated family photo. The three youngest boys in the Arnal family have died in separate accidents on the family's farm. CONTRIBUTED/THE CANADIAN PRESS

boys grew up doing the same work as the Arnal children.

His business is holding a cattle sale at Heartland Livestock in Swift Current on Dec. 8, and proceeds will go to the Arnal Boys Memorial Bursary For Young Farmers.

The surviving Arnal siblings came up with the idea to fund

projects for future farmers and have already received donations from strangers who've heard of the case. They're also planning to start annual fundraisers around the three boys' birthdays — a hockey tournament and skeet-shooting competition — that will contribute to the bursary. **THE CANADIAN PRESS**

Rural dangers

The family's story reflects statistics of farm deaths involving children. Most are boys killed by tractors and all-terrain vehicles. A study

by the Canadian Agricultural Injury Reporting program shows an average of 104 farm deaths each year, 13 of them children.



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Right to housing. Landmark charter challenge quashed

Ontario's Court of Appeal has quashed a landmark charter challenge on the right of homeless Canadians to affordable housing.

But the divided decision by the three-judge panel, released Monday, leaves the door open to an appeal to the Supreme Court of Canada, say lawyers who launched the case in 2010 on behalf of four homeless and precariously housed Torontonians and an affordable-housing advocacy group.

Janice Arsenault, a formerly homeless woman named in the case, and other applicants say Ottawa and Queen's Park are violating their charter rights to equality and "security of the person."

As a remedy, they are seeking a court order requiring the provincial and federal governments to develop provincial and national housing strategies.

But in her ruling for the majority, Justice Janice Pardu said their request "takes the court well beyond the limits of its institutional capacity."

The Superior Court justice who ruled in Sept. 2013 against the case going before a full hearing "was correct," she added.

Justice Kathryn Feldman, however, said the case raises important charter questions that "should be put before the court."

TORSTAR NEWS SERVICE

Shooting. Bibeau video may not be released: RCMP

A video made by Michael Zehaf Bibeau before he staged his attack on Parliament Hill in October may not be released to the public after all, RCMP Commissioner Bob Paulson said Monday.

The opposition New Democrats and Liberals criticized the top Mountie for withholding information that they say is in the public interest, especially since he has already spoken about it publicly.

But Paulson told a news conference on Monday that investigators still need a chance to complete a full investigation of the video, which police recovered in the wake of the deadly Oct. 22 rampage.

Paulson has said in the past that the video laid out Zehaf Bibeau's reasons for the attack, which took the life of Cpl. Nathan Cirillo as he stood sentry at the National War Memorial. Zehaf Bibeau himself was killed moments later in a gunfight inside the Centre Block



RCMP Commissioner Bob Paulson
ADRIAN WYLD/THE CANADIAN PRESS

building on Parliament Hill.

The commissioner had also indicated he wanted to see the video released publicly, but he now says that won't happen. Some version of its contents, such as a transcript, could be released later, he said.

Paulson earlier told a Senate committee that the video laid out a rationale for the attacks that was rooted in Zehaf Bibeau's religious beliefs and opinion of Canada's foreign policy. THE CANADIAN PRESS

Israeli-Canadian soldier

Woman may not be captured after all, says official

The federal government is now working on the assumption that the reported abduction of an Israeli-Canadian woman by Islamic militants may in fact be false, said a government official, who was not authorized to speak on the record. Several unconfirmed social-media reports suggest that Rosenberg is free and OK.

THE CANADIAN PRESS

Tories vs. Grits

Saga of secret audio recording continues

The latest episode of C.S.I. Canmore involves duelling forensic audio experts. Geoffrey Stewart Morrison, an academic and forensic audio specialist, is questioning analysis that backed the Conservatives' version of who said what in a secretly recorded conversation the party has used to pillory Marlo Reynolds, the Liberal candidate in Banff-Airdrie.

THE CANADIAN PRESS



Catharine Sloan



Lori Baldwin-Sands

Family feud or political fun?

For voters in the St. Thomas, Ont., area who might be weary of mean, nasty, personal campaigns that are short on substance, next year's federal election might hold a pleasant surprise. Municipal politician Lori Baldwin-Sands has been acclaimed as the Liberal candidate in Elgin-Middlesex-London. Her daughter, financial-sector worker Catharine Sloan, has a shot at the Conservative nomination coming up on Dec. 6. Little chance here of the campaigns going negative, as mother and daughter say they are committed to fighting it out on the issues.

CONTRIBUTED/THE CANADIAN PRESS

Homicide rate drops 8% in 2013: StatsCan

1.44 victims per 100,000 people. Crime rates also lowest since 1966, Statistics Canada says

The country's homicide rate fell last year to 1.44 victims for every 100,000 people, its lowest level since 1966, Statistics Canada reported Monday.

The agency said the 2013 rate was eight per cent lower than in 2012.

That follows reports that the overall crime rate also declined in 2013 compared with 2012, falling eight per cent to its lowest level since 1969.

Statistics Canada said last summer that the crime rate was continuing a long-term, downward trend that began

in the early 1990s.

But the drop in murders and a falling crime rate overall haven't deflected the Harper government from its tough-on-crime agenda.

And there remain concerns about the cost of fighting crime, even as the incidence falls.

The Fraser Institute reported in September that police costs have soared, even as crime falls. And while police cost more, their workload dropped, the report added.

The latest statistics say police reported 505 homicides in 2013, down 38 from the previous year.

Statistics Canada attributes the overall decrease in homicides in 2013 to a drop of 40 deaths reported in Quebec after two years of higher-than-average numbers of

homicides in the province.

Quebec reported 68 homicides in 2013, representing a rate of 0.83 per 100,000 population, the lowest rate recorded in the province since reporting began in 1961.

Six provinces reported modest increases in the number of homicides in 2013, although even with those increases, the homicide rates in nearly every province and territory were below their 10-year averages in 2013.

The exceptions were Newfoundland and Labrador and Prince Edward Island, where the 2013 homicide rates were above their previous 10-year average.

Homicide rates continued to be generally highest in the West and the North. Provincially, Manitoba reported the highest homicide rate with

3.87 per 100,000 population, followed by Saskatchewan with 2.71, Alberta at 2.04 and British Columbia with 1.66.

Nunavut, with 11.24 per 100,000, and the Northwest Territories, with 4.59, reported homicide rates higher than any province, while there were no homicides in Yukon for the third consecutive year.

Among metropolitan areas, Regina reported the highest homicide rate at 3.84 per 100,000 population, followed by Winnipeg and Thunder Bay.

Homicide rates were below the national average in the two largest metropolitan areas, as Toronto had a rate of 1.34 and Montreal was at 1.08.

Vancouver, at 1.72, was above the national average.

THE CANADIAN PRESS

Prentice urges national co-operation on pipelines



Alberta Premier Jim Prentice
THE CANADIAN PRESS

Alberta's premier is urging the country to get behind several controversial pipeline projects linked to the province's oil sands, warning that all Canadians will "feel the pain" if they aren't approved and built soon.

Premier Jim Prentice told a business audience in Vancouver that energy development such as Alberta pipelines, B.C.

liquefied-natural-gas terminals and Quebec hydroelectric developments will be at the heart of Canada's economic future.

In particular, Prentice said the country's existing pipelines will be full by the end of the decade.

Without increased capacity, producers would be forced to sell Canadian oil at deep discounts, he said, which in turn

would eat into government royalties and taxes.

The premier pointed to the Northern Gateway, Trans Mountain, Keystone XL and Energy East pipelines, which he described as "nation-building."

The premiers of British Columbia, Ontario and Quebec have all attached conditions for any pipelines crossing their provinces. THE CANADIAN PRESS

Podcast's star makes last bid for freedom

Adnan Syed. Jailed for life, the then-high school student's fight to prove his innocence is podcast every week almost in real time

A 15-year-old murder case that landed a popular teenager from Baltimore County behind bars for life is being revived in a podcast that offers more questions than answers about the crime.

Millions of listeners are anxiously awaiting the next instalment of Serial, which tells the story of Adnan Syed, a Woodlawn High School student who was found guilty in 2000 of murdering his ex-girlfriend Hae Min Lee. The podcast is the brainchild of Sarah Koenig, who spent more than a year digging into Syed's case and reporting her findings in hour-long segments released



Adnan Syed, in a photo provided by his brother Yusuf Syed. COURTESY YUSUF SYED/THE ASSOCIATED PRESS

online every Thursday.

Nine episodes in, the podcast has attracted more than 1.5 million listeners per episode worldwide and turned Syed into something of a household name, inspiring a dedicated fan base, re-cap blogs and spinoff podcasts.

Syed has been trying to prove his innocence for years — his case is now in its final

stages of appeal. A hearing scheduled for January represents what Syed's lawyer, C. Justin Brown, said is his "last best chance" at freedom.

Syed, now 34, was convicted of first-degree murder, robbery and false imprisonment in 2000 and sentenced to life in prison. Prosecutors said Syed strangled Lee after becoming jealous when the two broke up and she began dating someone else.

The primary points Brown makes in his appeal are some of the same reasons Koenig told listeners in her podcast's first episode: there were no eyewitnesses tying Syed to the crime, and Syed's attorney, Cristina Gutierrez, failed to interview a witness who said she was with Syed at the time Lee was killed. Gutierrez, a high-profile Baltimore-area criminal defence attorney, was disbarred in 2001 when client funds went missing. She died in 2004 of a heart attack.

THE ASSOCIATED PRESS



Poles elect first gay mayor

Robert Biedron, Poland's first openly gay lawmaker, talks to media at the parliament building in Warsaw. Biedron, 38, was elected Sunday to be the mayor of the northern Polish city of Slupsk, making him also the first openly gay mayor in Poland. His political success comes amid growing social acceptance for gays and lesbians in Poland, a conservative and mostly Roman Catholic country. ALIK KEPLICZ/THE ASSOCIATED PRESS

Sweden

Snowden awarded alternative Nobel

Edward Snowden, co-winner of the Right Livelihood Award, has called on the United Nations to propose new measures to protect individual privacy and human rights.

The prize, also known as the "alternative Nobel," recognizes "the work of so many people ... not just over recent years" but over decades, the former NSA systems analyst told the award ceremony Monday in Swedish Parliament by video link.

Snowden split the honorary portion of the award with Alan Rusbridger, editor of the Guardian, which has published a series of articles on government surveillance based on documents he leaked.

The \$210,000 US cash portion of the award was shared by Pakistani human rights activist Asma Jahangir, Basil Fernando of the Asian Human Rights Commission and U.S. environmentalist Bill McKibben.

THE ASSOCIATED PRESS

Aide resigns amid flap over criticism of Obama daughters

An aide to a Republican congressman resigned Monday after her Facebook post criticizing U.S. President Barack Obama's daughters touched off a backlash.

Elizabeth Lauten, communications director to Rep. Stephen Fincher of Tennessee, said Malia Obama, 16, and Sasha, 13, should have shown more "class" at a turkey-pardoning ceremony last week at the White House, a presidential tradition for Thanksgiving. She criticized the girls' casual dress and their behaviour — shrugs and eye-rolling greeted by most commentators with laughter at teenagers being teenagers.



President Barack Obama and his daughters Malia, right, and Sasha, at the turkey pardon ceremony at the White House last week. THE ASSOCIATED PRESS

Lauten later apologized for the comments and deleted the original post, which

drew harsh criticism across social media.

THE ASSOCIATED PRESS

HIV-testing record broken: UN agency

More than 3,300 people were tested for HIV Sunday in the Ethiopian region of Gambella. The massive turnout exceeded expectations among AIDS campaigners, who had hoped to test 2,000 people, according to local officials.

Rahel Gettu, an official with the UN AIDS agency in Ethiopia, said they believe they broke the world record for the number of HIV tests

carried out in one day. She said their claim was yet to be verified and confirmed by Guinness World Records.

She said 3,383 people were tested for HIV within eight hours in a single event ahead of World Aids Day. Eighty-two of them received positive results.

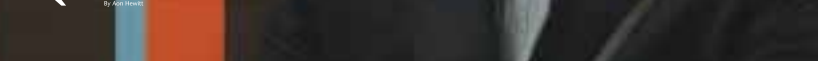
About 6.5 per cent of Gambella residents have HIV or AIDS, a rate higher than the

national average of 1.5 per cent. Officials hope that voluntary AIDS testing in this region that borders South Sudan can lead to a reduction in the number of new infections.

Millions of Africans live with HIV or AIDS, and many get infected each year despite widespread international efforts to stem the epidemic.

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Same market hit

Extremists attack two Nigerian state capitals

Suspected Islamic extremists struck in two state capitals in northeastern Nigeria on Monday, with a deadly double bombing at a crowded market and an attack on a police base.

The attacks were the latest in a week of violence linked to Islamic militants that has killed more than 170 people in northern Nigeria.

Rescue workers were evacuating the dead and wounded from the Maiduguri market, the same one where two female suicide bombers killed at least 70 people a week ago, said trader Bala Dauda.

THE ASSOCIATED PRESS

Bus in northern India

Two women hit back after harassed

A video showing two sisters in northern India hitting back at men who allegedly harassed them on a crowded bus has drawn huge attention in a country where hundreds of thousands of women silently endure sexual harassment daily.

The video, filmed by a passenger and aired on several television channels Monday, shows the two young women hitting, punching and beating their harassers with a belt, as other passengers silently look on. The women, identified only by their first names, Arati and Pooja, said they lashed out at the men after enduring lewd comments and pawing from them. THE ASSOCIATED PRESS

Four dead

Three shootings in West Virginia

Three separate shootings left four people dead in north-central West Virginia on Monday, and state police said they're seeking one suspect in all the shootings.

State police spokesman Lt. Michael Baylous said two of the shootings happened

in the Westover area and the other was in the Cheat Lake area in Monongalia County.

Baylous identified the two victims from the Cheat Lake shooting as Sharon Kay Berkshire, 39, of Westover, and David Frum, 28, of Madsville.

Monongalia County 911 director Mike Wolfe said police are seeking Jody Lee Hunt, 39, of Westover.

THE ASSOCIATED PRESS

'Hands up. Don't shoot!'

Ferguson.

Protests across the U.S., at workplaces and in classrooms

Protesters across the U.S. have walked off their jobs or away from classes in support of the Ferguson protesters.

Monday's walkouts stretched from New York to San Francisco, and included Chicago and Washington, D.C.

At the University of Missouri-St. Louis, three dozen students rallied outside the library and walked out of class, some with their hands up in the gesture that has become a symbol of the movement.

The walkouts came a week after a St. Louis County prosecutor's announcement that a grand jury had decided not to indict white Ferguson police officer Darren Wilson in the August shooting death of 18-year-old Michael Brown, who was unarmed and black. The case spawned sometimes violent protests, often with demands that Wilson face charges.

Wilson told the grand jury that he shot Brown in self-

Monday

Obama proposed a three-year \$263 million spending package to increase use of body cameras, expand training for law enforcement and add more resources for police reform. The package includes \$75 million for the small, lapel-mounted cameras to record officers on the job.

- The White House has said the cameras could help bridge deep mistrust between law enforcement and the public. It could also help resolve the types of disputes between police and witnesses that arose in the Ferguson shooting.

defence. But several witnesses said Brown had his hands up in surrender. Within hours, "Hands Up. Don't Shoot!" became the rallying cry for protesters.

Wilson has resigned from the police force.

At the University of Missouri-St. Louis, not far from Ferguson, about 30 students chanted "Hands up. Don't shoot!" THE ASSOCIATED PRESS



Hong Kong protesters clash with police

In this Monday photo, a protester is arrested by police officers outside government headquarters in Hong Kong as pro-democracy protesters try to surround the headquarters, stepping up their movement for genuine democratic reforms after camping out on the city's streets for more than two months. An electoral pummeling for Taiwan's pro-Beijing ruling party and a new spike in pro-democracy protests in Hong Kong have delivered a reality check to Chinese President Xi Jinping just when he was riding a wave of high-profile diplomacy.

VINCENT YU/THE ASSOCIATED PRESS

Bill Cosby. Comic cuts ties with Temple University

Bill Cosby resigned Monday as a trustee of Temple University following a string of allegations that accused him of drug-ging and sexually assaulting women over many years.

The 77-year-old entertainer has been a highly visible cheerleader of his beloved alma mater in Philadelphia and a board member since 1982.

"I have always been proud of my association with Temple University. I have always wanted to do what would be in the best interests of the university and its students. As a result, I have tendered my resignation from the Temple University Board of Trustees," Cosby said in a statement released by the university. THE ASSOCIATED PRESS

Ebola. Liberia, Guinea meet reduction targets

Liberia and Guinea have met a Dec. 1 target for isolating 70 per cent of people infected with Ebola and safely burying 70 per cent of those who die but Sierra Leone has not, the World Health Organization said Monday.

Only last week, the UN health agency said only Guinea was on track to meet the targets for getting the Ebola outbreak

under control in the three hardest-hit West African countries.

UN Ebola chief David Nabarro, speaking to reporters in Freetown, said, "The intensity of the Ebola transmission in some parts of Sierra Leone is very high and the situation is getting serious each day, and could worsen."

THE ASSOCIATED PRESS

Germany gripped by emotion over slaying of woman



Candles and flowers are placed on Monday on the parking lot where Tugce Albayrak was fatally injured two weeks ago in Offenbach, Germany.
FRANK RUMPENHORST/THE ASSOCIATED PRESS

Tugce Albayrak's dreams of becoming a high-school teacher came to a brutal end one weekend night last month. The young woman of Turkish descent stepped in to protect two teenage girls from harassment at a McDonald's in central Germany, enraging the girls' tormenters.

One of the men allegedly hit the university student in the head in the restaurant's parking lot. She crumbled to the ground. After two weeks in a coma, her parents took her off life support on her 23rd birthday, ending a short life of prom-

ise and courage.

The attack has triggered an outpouring of emotion from a nation that has been grappling with the integration of immigrants in recent years. People of all backgrounds and ages across Germany have held candlelight vigils, holding heart-shaped balloons, red roses and photos of Albayrak. Hundreds of thousands have signed an online petition demanding she be posthumously awarded a national medal of honour.

German President Joachim Gauck paid tribute to Albayrak

as a "role model."

"Where other people looked away," Gauck wrote in a weekend letter to Albayrak's family, "Tugce showed exemplary bravery and civil courage and stood up for victims of violence."

A surveillance video, published online by Germany's top-selling Bild newspaper on Monday, for the first time showed details of the fatal attack on Albayrak at 4 a.m. in the town of Offenbach. It shows an apparently enraged man being held back by another young man as he struggles to reach Albayrak.

THE ASSOCIATED PRESS

In custody

An 18-year-old identified only as Sanel M. is in custody over the attack, said Offenbach police spokesman Ingbert Zacharias.

- He said the Serbian teenager has "been the focus of several police investigations in the past, also in connection with an assault causing bodily harm."

U.S. businessman languishing in Russian jail over broken window

Property dispute.

Entrepreneur says his office was attacked by billionaire's goons

Last year, he tried to bring former NFL quarterback Tim Tebow to Moscow to play for his football team. Now American businessman Mike Zaltsman sits in a crowded jail cell, accused of breaking a window.

The 37-year-old Boston entrepreneur is involved in a dispute over an office he rented from a Russian billionaire that culminated with his arrest in April.

The case underscores the unpredictable business environment in Russia, where thousands have ended up in jail because of disputes or raids by rivals. Even seemingly petty crimes are used to imprison people for months or years.



Mikhail Zaltsman, centre left, and players of the Black Storm football team pose at a railway terminal in Moscow after they returned from winning the Russian championship in St. Petersburg. CONTRIBUTED/THE ASSOCIATED PRESS FILE

"The fact that he was jailed for a broken window — this is cruel and sadly typical of Russia," said Yana Yakovleva, founder of the advocacy group

Business Solidarity.

Moscow police refused to comment on the case.

Zaltsman, who has dual Russian and U.S. citizenship,

was accused of hooliganism: a broad charge that has been used against the feminist band Pussy Riot and Greenpeace activists. He faces a maximum of

seven years in prison.

Dmitry Popkov, the former coach of the Black Storm, was arrested with Zaltsman. He suffers from health problems that led to him pleading guilty in October to be treated while under house arrest.

Zaltsman alleges he was persecuted by tycoon Andrei Gorodilov. In 2013, a company controlled by Zaltsman signed a five-year lease on an office in Moscow from a businesswoman associated with Gorodilov. Within months, Zaltsman says, he was pressured to break the lease by Gorodilov.

When talks broke down, Zaltsman says Gorodilov sent about 30 men to occupy the office and smash furniture. Zaltsman also alleges they stole \$20,000 in office equipment.

On April 13, Zaltsman says he and his supporters tried to scare Gorodilov's security into leaving. Zaltsman shouted that he was from the Russian

Conditions

Zaltsman has been in detention for seven months.

- He says he shares a cell with up to 15 others, with no trial in sight. Each prisoner has barely enough room to lie down.
- "Almost no sky and sun can be seen here," he said. "I'm forgetting how it looks."

police special forces and that "anyone who doesn't leave in the next 10 seconds will be shot on the spot." The occupants left, but in the confusion, Zaltsman says, one threw a chair through a window.

Zaltsman and Popkov were arrested 10 days later. Zaltsman was accused of breaking the window himself.

THE ASSOCIATED PRESS

Acquitted couple still unable to leave Qatar

An American couple cleared by a Qatari appeals court of wrongdoing in the death of their adopted eight-year-old daughter held out hope Monday that they would soon be allowed to leave the nation.

A representative for the family, meanwhile, blasted the continued travel ban as "institutional kidnapping."

On Sunday, a court overturned a child-endangerment conviction against Matthew and Grace Huang and said they were free to leave. But they

were stopped at the airport hours later as they tried to depart, despite efforts by the U.S. ambassador to intervene.

U.S. Secretary of State John Kerry urged the Qatari government Sunday to allow the family to return "without further delay," according to a news statement.

It was unclear, however, if the couple had secured all the paperwork needed to satisfy authorities that they could leave.

The case raised concerns about possible cultural biases

in the investigation. Western-style adoptions and cross-cultural families are rare in Qatar, and a report by Qatari police raised questions about why the Huangs, who are of Asian descent and also adopted two African-born sons, would want children who do not share their "hereditary traits."

The Huangs say their daughter suffered from medical problems complicated by unusual eating habits, including periods of bingeing and self-starvation.

THE ASSOCIATED PRESS

'Subversion' threatens to split Israeli coalition

Israel's leader is calling on his ministers to halt their "subversion" against the government ahead of a key meeting with a top coalition partner.

Benjamin Netanyahu will meet Finance Minister Yair Lapid on Monday, aiming to avert a coalition crisis that has threatened to topple the gov-

ernment.

Netanyahu says he can't continue governing over a divided coalition and is demanding ministers "stop the subversion." He says if they decline "we will draw our conclusions and go to the voters."

The vitriolic attacks of recent days over contentious na-

tionalist legislation and budgetary differences suggest an angry campaign could be imminent.

Lapid, who heads the centrist Yesh Atid party, says differences could still be overcome. In a dig at Netanyahu, he said he wasn't "elected to serve pressure groups or narrow political interests." THE ASSOCIATED PRESS

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Mother moved to find a better life, returned home with rags

India. After working in New Delhi for six months as a 'rag picker,' abandoned mother moves family back to West Bengal

Six months ago, Marjina stepped off a train in New Delhi with her two children, hoping to find a better life after her husband abandoned them without so much as a goodbye.

She thought leaving her home in West Bengal to find work in the Indian capital would give her children a chance at a better life. But the only job she could find was as a "rag picker" — picking through other people's garbage to find salvageable bits to resell or recycle.

It is filthy, dangerous

work, performed by millions of people across India. Rag picking is effectively the primary recycling system in India. But the work is by no means environmentally friendly and very far from being secure. While the rag pickers offer invaluable services to the city, they have few rights. Every day, they are exposed to deadly poisons.

Marjina, who goes by only one name, and her children — daughter Murshida, 12, and son Shahid-ul, 7 — spent their days at a landfill in Gazipur on the outskirts of New Delhi. The next morning they would sit outside their single-room shanty and sort the trash into metal, plastic and paper.

The children counted themselves lucky if they found a discarded toy or plastic jewelry to play with. The family earned just \$26 per month. Rent was \$9.



In this Oct. 17 photo, young waste pickers look for recyclable items at a landfill on the outskirts of New Delhi, India. Rag picking is effectively the primary recycling system in India. While the rag pickers offer invaluable services to the city, they have few rights and are exposed to deadly poisons every day. ALTAF QADRI/THE ASSOCIATED PRESS

The work took a toll on the family's health. Marjina's children were constantly sick. Her daughter contracted dengue fever and had to be hospitalized.

Prime Minister Narendra Modi recently launched a "Clean India" campaign asking people to help keep their surroundings tidy. But there were no benefits announced

for people like Marjina.

After months of poverty, illness and shame, Marjina and her children returned to that train station in New Delhi on Nov. 18, headed

Living conditions

Not wanting to raise her children in New Delhi, Marjina, an Indian mother of two, moved back to her home in West Bengal.

- **Negligible difference.** Despite a desire to avoid raising her children in New Delhi's trash, daily wage labour in West Bengal would earn her barely enough to survive.

back to an uncertain future in West Bengal.

"I do not want my children to die in this trash," she said.

Whatever awaits the family, Marjina said, it could not be worse than life as a rag picker in New Delhi.

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Canadians expect debt in retirement: Survey

Home equity. Ten per cent of those polled expect to refinance home for retirement

Canadians may dream of retiring debt-free, but research done for Manulife suggests nearly 20 per cent of homeowners expect to lean on the value of their homes to finance life after work.

An online survey conducted for the financial-services company found about half of the 2,373 respondents expected to still be in debt when they retire.

Of those polled, 10 per cent planned to borrow against their current homes, while about eight per cent were looking to downsize and use money from the sale of their home as income.

Using home equity as a "fall-back plan" suggests some Canadians are struggling to balance retirement with paying down debt, Manulife Bank CEO Rick

Night of the living debt

The Manulife survey also found that many still struggle with financial literacy. For example, one-quarter of respondents didn't consider mortgages or auto loans to be part of their overall debt. Older respondents were less confident in their retirement goals, and about half planned to continue working full-time or part-time to extinguish their debt, the survey said.

Lunny said in an interview.

"If people think they're going to take out second mortgages and larger mortgages when they retire, that's a pretty concerning view and evidence of no financial plan whatsoever," Lunny said.

Manulife's findings come after years of warnings from the Bank of Canada and the federal Finance Department that many people are still amassing

too much debt.

Throw in concerns that Canada's housing market may be overpriced, and the likelihood that interest rates will rise in the coming years, and several additional levels of risk could be introduced into the financial equation.

"Canadians have been lulled into this sense of security because they're paying three per cent or less on their mortgages, but that could change very quickly," Lunny said.

Taking advantage of housing wealth in retirement isn't necessarily a bad decision, suggested Thomas Davidoff, an assistant professor at the Sauder School of Business in Vancouver.

"What I think, arguably, would be crazy is to live a meagre retirement and not have tapped an enormous asset," he said.

"It really depends on how important it is for you to leave wealth to your heirs and how nervous you are about surprise expenditures." **THE CANADIAN PRESS**



Selling Internet cookies

Girl Scouts Bria and Shirell practise selling cookies on one of two new digital platforms. For the first time in nearly 100 years, Girl Scouts of the USA is allowing its young go-getters to push their wares using a mobile app or personalized websites.

THE ASSOCIATED PRESS/GIRL SCOUTS OF THE USA

TFW program

Foreign workers need path to permanence: CFIB

The Canadian Federation of Independent Business is calling on Ottawa to replace its controversial temporary foreign worker program with a visa that would provide a path to permanent residence for entry-level employees from abroad.

THE CANADIAN PRESS

Market Minute



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Jobs to testify in iPod lawsuit over now-outdated software



A billion-dollar class-action lawsuit over Apple's iPod music players heads to trial in a California federal court on Tuesday, Dec. 2.

SHINZUO KAMBAYASHI/THE ASSOCIATED PRESS FILE

A billion-dollar class-action lawsuit over Apple's iPod music players heads to trial on Tuesday in a California federal court after nearly a decade in legal wrangling.

Attorneys for consumers and electronics retailers claim Apple Inc. used software in its iTunes store that forced would-be song buyers to use iPods instead of cheaper music players made by rivals. The software is no longer used, but the plaintiffs argue that it inflated the prices of millions of iPods sold between 2006 and 2009 — to

The wheels of justice

"The fact that this case is still going 10 years later is a sign that technology often outpaces law."

Mark Lemley, Stanford law professor

the tune of \$350 million. Under federal antitrust law, the tech giant could be ordered to pay three times that amount if the jury agrees with the estimate and finds the damages resulted from anti-competitive behaviour.

One of the key witnesses

will be legendary Apple CEO Steve Jobs, who died in 2011 but will be heard in a videotaped deposition.

In 2003 Apple quickly became the world's biggest legal seller of downloaded songs after launching its iTunes store. Apple encoded the songs sold

through iTunes with FairPlay "digital rights management" software that prevented unauthorized copying. FairPlay was also built into iPods.

But FairPlay was incompatible with anti-copying code used by other online music sellers. As a result, songs from rival online stores could not be played on iPods, and songs purchased on iTunes could not be played on competing portable devices. This prevented competition that would have driven down iPod prices, plaintiffs say.

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VOICES

THE SPECTACLE OF SPORT

Bunnies in bikinis shovelling ice shavings at NHL games, squawking victory dances for getting a ball over a line at the NFL— this is the modern game, folks



PAUL SULLIVAN
readers@metronews.ca

There's a line. And somebody always crosses it.

For me, it's ice girls at NHL games. Nothing more readily demonstrates the low to which pro sports will go than dressing up a bunch of young women in bikinis and sending them out onto the ice on skates with shovels to clean up around the goalie nets during stoppages in play.

I'm not sure who started it, but nearly every team in hockey now exploits its own ice girl squad, presented in varying degrees of absurd, degrading skimpiness. Something about bare skin and ice just says "kinky." Hard to resist.

It's not as if anyone has tried (resisting, that is). Go to any pro sports game and, especially if you don't get around much any more, you'll be amazed. Not in a good way.

It's as if the owners are consumed with anxiety that their sport, at least in its unadorned state, is boring, so they have to extreme-tart it up. Fans can easily pay \$800 for a pair of tickets, so we need to give them their money's worth. Cue the spectacle.

There's not a second of dead air. The moment Phil Kessel ices the puck, the ice girls come flouncing out, shovels at the ready. Meanwhile, some DJ is using an airgun to fire prizes



Tim Thomas of the Dallas Stars stretches while an ice girl skates past in this file photo. RONALD MARTINEZ/GETTY IMAGES

such as rolled-up T-shirts into a rabid crowd screaming "gimme dat" so loud it drowns out "Go Team Go." Over at the penalty box, the team mascot is mauling some delighted fan to Pitbull at 120 decibels, while the Jumbotron

features the tonsil hockey tournament up in the nosebleeds.

I'm amazed that nobody seems to mind paying \$800 to be so infernally distracted. Not only do they not mind, fans and players are willing

co-conspirators. Fans are strategically rude to the visiting team — and proud of it. In Seattle, the idea is to make so much noise that the other NFL team can't hear itself call the play, so the players end up violating the rules of procedure in various complicated ways. This boorish behaviour is called "The 12th Man" because NFL teams have 11 players, unlike CFL teams, which have 12 and have to resort to the 13th man.

Football players, all of whom make more money than you or I will ever see in our lifetimes, like to celebrate doing their jobs with all kinds of dances and pantomimes. It's as if I just finished that last sentence and liked the phrase "dances and pantomimes" so much I did the bird dance around the desk while squawking, "I am the greatest."

Of course, every square inch of the arena or stadium not required for crowd control or used in the actual game is plastered with advertising. The innovation of electronic signage makes it possible to bombard the senses with hundreds of flashing images of sequential sponsors. You can run (to the concession stand, bwa-ha-ha!) but you can't hide.

About the only throwback to the good old days is when a fight breaks out on the ice.

Say what you will about all these newfangled innovations, but give me the spectacle of 19,000 people screaming as one for blood. Now that's hockey.

Cetaceans in captivity

Last week the Vancouver Park Board narrowly voted against a proposal to ban captive breeding at the city's aquarium. Metro's Kristen Thompson talks to a cetacean-rights activist and an aquarium biologist to get their opposing views:

BREEDING PROGRAMS NO EXCUSE NOT TO FREE WILLY

Jeremy Larivee runs an animal-rights group called Ocean Voice in London, Ont., with a focus on the plight of whales and dolphins.

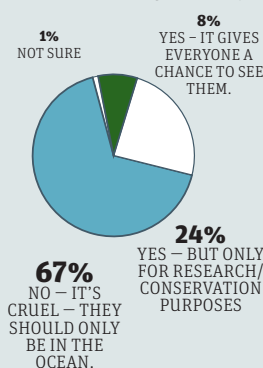
What oppositions do you have for keeping whales and dolphins in captivity? These are sentient beings that are highly sophisticated and have complex family structures. They range multiple miles in a day, they hunt, they play in the open ocean. Yet we have ... two or three in tanks. Exhibits don't resemble their natural habitat. They have no rocks. They get fed dead fish. They don't even get to hunt. You are taking away their basic instincts. And it's all for human entertainment.

Is there a need to keep them in captivity in some cases? If it was a true

rescue. To me it (would be) bringing the animal in, rehabilitating it and re-releasing it into the environment. If it can't (be re-released), why can't we move to a sanctuary model in the ocean where they feel the natural rhythms of the tide, the water, what it feels like to be in the ocean? Study them in their natural habitat.

People often compare places like MarineLand with aquariums. Do you think there are differences or are they equally harmful? They are both exploiting animals for human entertainment. We need to look at alternative ways to learn about these animals. You can learn more by watching a documentary or go on whale-watching tours and see these majestic animals in their natural environments.

WE ASKED:
SHOULD WHALES & DOLPHINS EVER BE KEPT IN CAPTIVITY?



Dr. John Nightingale is a biologist and the president and CEO of the Vancouver Aquarium, which describes itself as a non-profit conservation organization deeply committed to conserving aquatic life.

Why is there a need for cetaceans in captivity? The Arctic (is) being impacted by the changing climate and other human activities at an unprecedented rate ... in a part of the world with very few scientists. (Our work) has led to groundbreaking research that bridges from the aquarium to the wild. Dr. Valeria Vergara's work in the aquarium on mother and calf contact calls, which she has currently applied with wild beluga whales in Canada's Arctic, is effective because techniques and analysis were

worked out at the aquarium first. This research may help save Canada's belugas, as they are threatened by impending shipping traffic and related shipping noise.

What misconceptions do people opposed to cetaceans in captivity have? Each aquarium has a unique mandate. Vancouver Aquarium's (staff) have five decades of experience in cetacean care, research and rescue efforts. The decision on how to continue with Canada's cetacean research and rescue efforts should be left in the hands of Canada's experts and based on facts and science. By all measures — behaviour, stress and other medical tests, and general activity — beluga whales in our care are thriving.

She & Him swap notes

Music. Zoëy Deschanel and M. Ward, a.k.a. She & Him, talk tough cover songs as the duo release their new collection, *Classics*

The musical duo She & Him — that's Zoëy Deschanel and M. Ward — convened a 20-piece orchestra to make *Classics*, a collection of songs written between 1930 and 1974.

It's an eclectic list of compositions popularized by the likes of Frank Sinatra, Herb Alpert, the Righteous Brothers and Dusty Springfield. So we thought it would be fun to talk to the artists about songs that stick out in their minds for various reasons.

A song you'd like to cover but intimidates you

Ward's choice: This Is Radio Clash by the Clash. It's one of his favourite bands, but he doesn't think it's in his vocal range. "There is a certain attitude to their music, and to the Ramones' music, that I think is untouchable," he said.

Deschanel's choice: Paris 1919 by John Cale. "I don't think I could pull it off," she said.

A song from the last 20 years or so that will someday be seen as a classic

Deschanel's choice: Open up Your Door by Richard Hawley. She also loves Hawley's Tonight the Streets Are Ours. "I'm a huge fan," she said.

Ward's choice: Kool Thing by Sonic Youth. He's moved by the guitar and contribution from Public Enemy's Chuck D. "The future of music is combining things that don't



Zoëy Deschanel, left, and M. Ward from She & Him. AUTUMN DEWILDE/THE FUN STAR/THE ASSOCIATED PRESS



really belong together," he said. "That's what the best artists have been doing since time began."

A song that's been unfairly trapped in its time

Ward's choice: Lovers Rock by Sade. "The record is pretty timeless, and I think she gets put in a bubble of '80s music because of Smooth Operator," he said.

Deschanel's choice: I Like It by DeBarge. "The song is

really well written and versatile. I think it would actually make a great country song," she said. Honorable mention is Mariah Carey's All I Want for Christmas Is You. "I would really like to hear it without those keyboards."

The hardest song you've ever had to sing

Deschanel's choice: Sleight Ride, written by Leroy Anderson. (The Andrews Sisters recorded the first vocal version in 1950.) "It seems like it would be simple, but it changes keys twice in the bridge so it's quite difficult," she said. "In spite of its trickiness it's worth it because it's a fantastic song."

Ward's choice: The Red and the Black by Blue Oyster Cult. He still has nightmares about the time Mike Watt invited him onstage to cover it, and it turned out to be much

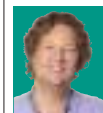
faster than he remembered.

Favourite song to do from the new album, Classics

Ward's choice: Oh No, Not My Baby, written by Gerry Goffin and Carole King. "It's my favourite blend of strings and brass that I've ever produced," he said. "It reminds me of some of my favourite productions by George Martin or Phil Spector — producers whose music I could listen to forever."

Deschanel's choice: Unchained Melody, written by Alex North and Hy Zaret. Recording vocals with the Chapin Sisters made it a treat. "We recorded it live with three microphones in the same room and did only one take," she said. "There's something very special about not just recording a song, but a single moment in time as well." THE ASSOCIATED PRESS

Listen to this



SOUND CHECK
Alan Cross
scene@metronews.ca

Do the Damage/ Noel Gallagher's High Flying Birds



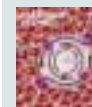
The elder Gallagher's next album won't be out until March, but we've already been granted a second look at what it might sound like. If *Do the Damage* is any indication of what's coming, all should be well.

Around Again/ Phil Selway



Radiohead has just started recording their new album. Meanwhile, though, their drummer is trying to do a Dave Grohl — and damn if this isn't some fine stuff. The video is very, very pretty, too.

Knock You from Yr Mountain/ Elephant Stone



This Montreal band is now up to their third album and I've enjoyed every one. Please let The Three Poisons be their breakthrough.

Prolific producer David Foster ramping up repertoire at 65

David Foster recently celebrated his 65th birthday and — given that the Victoria-reared producer-to-the-stars has more connections than a discount transcontinental flight — it's tempting to imagine the guest list at his party.

But imagining is all we can do, given that the 16-time Grammy winner wouldn't bite on a recent invitation for name-dropping.

"No," he replied when asked to reveal a few of the names on hand for his celebration. A twinkle in his eye, he then added: "But if you can think it, they

were there. How's that?"

And having reached the age that many begin seriously pondering retirement, Foster is instead focused on further expanding his résumé into every conceivable corner of the entertainment industry.

Now the chairman of Verve Music Group, Foster is juggling an ambitious slate of music, television, film and stage projects, including but not limited to: a just-released Starbucks compilation of Foster's most memorable Christmas productions, from the likes of Michael Bublé, Celine Dion and Mary J.

Blige; a third installment in his Emmy-winning *Hit Man* PBS specials to be taped in February, based not on his own music, but music he loves; and, perhaps most improbably, a Broadway musical based on voluptuous cartoon pin-up Betty Boop for which Foster has written 25 songs.

That is, of course, not all. Foster is best-known for writing or producing such titanic smashes as Toni Braxton's Un-Break My Heart, Whitney Houston's I Will Always Love You, Celine Dion's Because You Loved Me and The Prayer and

the immortal theme from *St. Elmo's Fire*, but he's seemingly eyeing a new generation of pop stars. Consider, for instance, a recent selfie capturing the silver-haired hitmaker alongside of-the-moment pop powerhouse Ariana Grande.

"I'm working on a joint venture right now with Disney and Universal Music on a big project that has already been very successful in France," Foster said by way of explanation, saying that he was still in the planning stages but that he's already started meeting with artists.

THE CANADIAN PRESS



David Foster THE CANADIAN PRESS

2 SCENE



John Boyega ALL PHOTOS GETTY IMAGES

Boyega's trooper uniform in new Star Wars trailer sparks a storm of racism

The first face to pop up in the new Star Wars trailer was that of British actor John Boyega, apparently donning an Imperial Stormtrooper uniform.

Granted, we know basically nothing about the plot of the new film, or what his character is doing dressed like that, but some people

already have a problem with it. Racist people, mostly.

Well, Boyega is taking the high road, if cheekily.

He posted a thank you to massive outpouring of fan support so far and, at the end, tossed in a pitch-perfect, "To whom it may concern ... Get used to it."

Tattooed fan rolls the dice that ball droid is good guy

Speaking of Star Wars, think your response to the first teaser for The Force Awakens was big? Well, time to raise your fanboy game, because this guy has everyone beat.

Barely two days after the trailer hit the Internet, 22-year-old Arizona Instagram user Jordan Breckon went out and got the new ball droid featured in the clip tattooed on his leg. Now that's dedication.

Here's hoping the robo-



Star Wars ball droid

character turns out to be important to the story.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Melissa Rivers tweets on her dead mom's coat tails

NED EHRBAR
Metro in Hollywood

I've got a social media etiquette quandary for you: What's the policy for making use of a loved one's Twitter account after they've passed away? What if that person is a hugely famous comedy pioneer?

Fans of Joan Rivers got quite a shock over the U.S. holiday weekend when the comedienne starting tweet-

ing again, three months after she passed away. It turns out it was just her daughter, Melissa Rivers, taking over the account.

Since then, Melissa has been posting mostly about trips to the theatre with her son, Cooper, and the same tweets have been duplicating to her own account.

But here's the thing: Joan's Twitter account has 2.2 million followers, while Melissa's has just 231,000.

She does know you can change the display name, right? And the photo? It won't even affect the follower count, if that's what she's worried about. You don't have to make it look like Joan Rivers is tweeting from beyond the grave.



Amanda Bynes

Amanda Bynes' parents are Uber protective of her

This maybe isn't exactly the kind of celebrity endorsement the folks behind Uber were thinking of, but hey, you take what you can get.

Amanda Bynes' parents have reportedly started using the app as a compromise to both let their troubled daughter do her own thing but still keep tabs on her.

"Amanda's mom, Lynn, set up the Uber car service

on her daughter's cell-phone," a source tells Radar Online.

"Uber can take Amanda anywhere she needs to go and it's paid for out of Amanda's estate, since her mom has conservatorship.

"This allows Amanda to have independence. But at the same time, her parents can track where she goes."

Man, wait until they find out about Find My iPhone.

Twitter



@realDonaldTrump

Bill Cosby is foolish, stupid, or getting bad advice in remaining silent if he is innocent. Probably guilty! Not a fan.



@JuddApatow

The cast and crew of the Cosby Show has been silent. They must be stunned. Or not stunned at all.



@iamrashidajones

No new ep of Serial until Thursday??? Ahh, I'm gonna murder someone! And then they can follow me in Season 2!! Kidding obvi luvbye

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Cuba sits tight during nightclub scuffle, then gets back to 'being all skeezy'

Oscar-winning actor Cuba Gooding Jr. was just trying to have a nice night out at NYC's Tao nightclub recently, but some young punks nearly ruined all his fun.

"Cuba was sitting at this table hitting on girls all night," a source tells the NY Daily News.

"These four rich kids, who were maybe 21 or 22, started hitting on these girls at the promoter's table

and (the girls) weren't having it."

A fight soon broke out between said promoter and the young upstarts, but Gooding "just sat there doing nothing," according to the source.

"Cuba barely reacted while girls were getting shoved around."

And when security finally had the situation under control, "he got back to being all skeezy and hitting on girls."



Cuba Gooding Jr.

Click here for online happiness

Mental wellness.

Social media can run havoc on our self-worth. Is it possible to have a healthy online experience?

BEE
QUAMMIE
life@metronews.ca

Jessica Johnson, 29, had a love-hate relationship with social media — she loved connecting with people but often ended up feeling bad about her own life.

“Selfies are fun until you start over analyzing your looks,” she says.

“Facebook is fun until you see amazing things happening for friends that aren’t happening for you. It’s easy to measure yourself based on Instagram likes and Twitter followers, too.

“When you really think about it, it doesn’t make sense. But in the moment, it really affects you.”

Johnson is among roughly 73 per cent of adults online who use a social-networking site of some kind, according to Pew Research Centre’s 2013 Social Media Update Project.

And while these sites have become ingrained in our society, their effects on emotional wellness are often overlooked.

According to a range of studies, the negatives can outweigh the positives.

Sweden’s University of Gothenburg examined the link between Facebook usage and self-esteem, and their findings



It is important to always remember that what you see online is a mere snapshot of someone else’s life. iStock

revealed strong negative correlations between the two.

As participants’ Facebook interactions increased, their self-esteem decreased.

A study at Western Illinois University, meanwhile, addressed the connection between social media and narcissistic behaviours. Study results confirmed that Facebook provides the perfect environment for narcissists, who have “a pervasive pattern of grandiosity, need for admiration and an exaggerated sense of self-importance.”

“What people choose to present about their lives online — or anywhere, really — is not

the full picture of their existence,” say clinical therapists Corrine Carter and Melissa Kroonenberg of New Roots Therapy in Whitby, Ont.

“Thus, when we compare ourselves to others’ lives online, we end up comparing the full scope of our experience with only a segment of others.”

Carter and Kroonenberg, who often deal with clients who are experiencing emotional issues due to social media problems, also urge people to connect with the deeper meanings behind their reactions on social media.

They say investigating why social media makes you feel

the way it does can reveal a lot about your emotional well-being.

“If you can connect with the underlying meaning of the situation, you can use that to take action and move toward what’s important to you, rather than focusing on the self-judgment itself, which diminishes your worth,” add Carter and Kroonenberg.

Johnson says it took her time to balance her emotional health with being an avid social media user.

“I started getting motivated by others’ good news on Facebook instead of being jealous. It feels great to have accomplish-

ments of my own to share. And when it really gets to be too much, I take a break altogether.

“Social media really shouldn’t affect your self-esteem as much as it does. But if it’s going to, I want it to be in a positive way.”

Healthy Likes

Therapists at New Roots Therapy in Whitby, Ont., offer tips for maintaining healthy social media intake.

- **Don’t compare.** Even if we could compare ourselves to the full picture of someone else’s life, the comparison leads to a sense that our self-worth is conditional, and is tied to external factors. This leaves us with less control over our own experience.
- **Take a hint.** Instead of letting self-judgment take over, use it as a cue that something in the situation is connected to your underlying values and be curious about what those underlying pieces are.
- **Motive.** Ask yourself, “What do I want to get out of using social media?” By getting clear on your goals, you’ll be better able to determine when social media exposure may be impacting your stress levels and self-esteem.

3 TIPS

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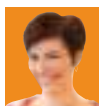


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To be sure this product is suitable for you, always read and follow the label.

Even a simple marinade elevates chicken

One Step Marinated Chicken Breasts. Here is a way to ensure this often-dry piece of meat remains juicy



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Does antibiotic-free, dipped in breading, deep-fried, sandwiched in 100 or so calories of white sugar, white flour bread and spread with 50 or so calories of mayo beat plain old Canadian chicken?

Fast food needs to be a sometimes solution and deep-fried has gotta go.

The more often you choose single, recognizable ingredients the better off you are. It is that simple.

It is true that antibiotics are used as approved by Health Canada and the Canadian Food Inspection Agency.

Chicks are weaned off feed containing antibiotics to be sure that there are no residues by the time they hit the store shelves.

Organic chickens are fed organic feed without antibiotics unless there is an illness and then those chickens are separated from the group.

Unless and until we are all raising our own poultry or have access to a farmer who does, you have to choose the best you can in each eating

Ingredients

- 4 chicken breasts
- 2 tbsp grapeseed oil
- 1 tbsp Za'atar spice mix
- 1 tsp garlic powder
- 1 lemon, divided into 2
- Pinch sea salt



This recipe serves four. THERESA ALBERT

situation.

Whatever chicken you buy, keep these tips in mind:

- Buy a whole chicken to get the best price per pound (cutting into pieces incurs labour).

- Save time and money by purchasing a whole chicken, cut it up and prep the pieces into easy dishes and then freeze or refrigerate until ready to cook.

- You'll find more fat and calories in legs, but also more iron.

- Bones and fat add flavour; buying cuts without them adds cost.

- Chicken cooked with the skin on stays more moist

and isn't higher in calories. You still have to toss the skin but use it during cooking to keep your chicken moist.

There's a reason chicken is the No. 1 protein in Canada: it's affordable, loaded with protein, and delicious no matter what cuisine you are into at the moment.

One Step Marinated Chicken Breasts

1. Place 4 breasts in freezer bag and add marinade of

your choice (Za'atar spice mix and lemon is one suggestion), reserving 1/2 lemon. Freeze. Thaw before continuing.

2. Empty into a baking dish and microwave for 10 minutes to partially cook and speed the process. Bake at 350 F for 25-30 minutes.

3. Squeeze 1/2 lemon over chicken and sprinkle with sea salt.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS

Baked, crispy Greek flavours

While fried chicken is delicious, it is time consuming and not the best choice nutritionally. So instead bake this crunchy coated chicken and serve it with a tzatziki-style sauce.

1. Preheat oven to 400 F (200 C). Line a baking sheet with foil; lightly grease.

2. Cut chicken pieces in half crosswise. Place 1/4 cup (60 ml) milk in bowl; whisk in mustard, salt, pepper. Place bread crumbs and oregano in shallow

dish. Working with 1 piece of chicken at a time, dip in milk-mustard mix followed by bread crumb mix, rolling and coating well. Set on foil-lined baking sheet. Bake 25 minutes, turning halfway through, until chicken is golden and cooked through.

3. Meanwhile, in skillet, melt butter over medium heat. Add garlic; cook 1 minute. Sprinkle with flour; whisk to combine. Gradually whisk in remaining milk. Bring to boil and reduce heat. Whisk 3 minutes until

Ingredients

- 4 boneless, skinless chicken breasts
- 1-1/2 cups (375 ml) milk, divided
- 2 tbsp (30 ml) honey Dijon mustard
- 1/2 tsp (2 ml) each salt, pepper
- 1 cup (250 ml) panko bread crumbs
- 2 tbsp (30 ml) dried oregano
- 1 tbsp (15 ml) butter
- 2 cloves garlic, minced
- 1 tbsp (15 ml) all-purpose flour
- Finely grated zest from 1 lemon
- 1/3 cup (75 ml) crumbled Canadian feta
- 1/3 cup (75 ml) chopped dill
- 1/3 cup (75 ml) finely diced cucumber

smooth. Stir in lemon zest, feta, dill and cucumber. Serve

chicken with sauce spooned over top. MILKCALENDAR.CA

WHL

Noel back behind bench with Giants

The Vancouver Giants have hired former Winnipeg Jets coach Claude Noel as their new head coach.

The Western Hockey League team announced the move Sunday.

"We're excited to have Claude join our organization," said Giants general manager Scott Bonner. "He has worked extensively with Ken Hitchcock, who is one of the best coaches in WHL history, and with Claude coming from the NHL, we know he's one of the top coaches in the world. We're confident that he can get us back on track."

Noel coached the Jets from 2011-2014, compiling an 80-79-18 record.

THE CANADIAN PRESS

MLB

Adderall the main cause of positive drug tests: Report

While 113 big leaguers had exemptions in the past year to use otherwise banned substances to treat Attention Deficit Hyperactivity Disorder, Adderall caused eight of the 10 positive tests for stimulants under Major League Baseball's drug program.

A report released Monday by MLB's independent program administrator detailed the findings. Dr. Jeffrey M. Anderson's report showed that therapeutic use exemptions given to 40-man roster players to treat ADHD were down from the 119 in the year ending with the 2013 World Series.

THE ASSOCIATED PRESS



The Jets' Evander Kane skates with the puck against the Bruins' David Pastrnak in Boston, Friday. The Jets won two of three road games last week.

WINSLOW TOWNSON/THE ASSOCIATED PRESS

Home improvement on Jets' to-do list

NHL. Winnipeg looks to carry road success over onto MTS Centre ice

Maybe head coach Paul Maurice should consider having the Winnipeg Jets stay in a hotel the night before a home game.

The Jets have twice as many wins on the road (8-4-3) than they do at home (4-5-1). Maurice has some theories as to why, but they don't involve comfy hotel beds or fewer dis-

tractions away from the MTS Centre.

For Maurice, it's more about the team's growth and the quality of the opposition.

"The block of time when we started to play well was probably about the seven- or eight-game mark and yet we had (already) played in four or five home games," Maurice said after Monday's practice.

"We weren't playing the way we're playing now when we got out on the road."

He also noted that several home games were against playoff-calibre teams.

Best in the league

1.56

Winnipeg netminder Michael Hutchinson's goals against average of 1.56 and save percentage of .947 both top the NHL. He's started six games and played in eight.

"Possibly the best game we played was against Detroit (Nov. 20 at home) and we lost (4-3)," he said.

"We like playing here. We'd rather play 82 at home." But it's also good to have

those road wins in the bank, he added. Winnipeg (12-9-4) was sitting in fourth place in the Central Division Monday morning.

The Jets have plenty of chances to change their home-road imbalance in December, when nine of their 13 games will be played at MTS Centre.

They begin a three-game homestand Wednesday against the Edmonton Oilers, who were on a nine-game losing skid heading into a home game Monday night versus Arizona. **THE CANADIAN PRESS**

McDavid, Fucale headline world junior camp invitees



Goaltie Zach Fucale is expected to anchor Team Canada in net during the world junior hockey championship. RYAN REMIOW/THE CANADIAN PRESS

While Connor McDavid will be the star, he will likely share the 2015 world junior championship spotlight with goaltender Zach Fucale.

Fucale will not only be one of the local boys, he is also a Montreal Canadiens draft pick and will have a huge cheering section when Canada opens the tournament Dec. 26 at the Bell Centre against Slovakia.

"There's pressure everywhere, whether it's in junior or anywhere you step on the ice," the Halifax Mooseheads goalie said Monday as Hockey Canada released a list of 29

NHL roster freeze

Still unclear is whether some 19-year-olds currently playing in the NHL will be loaned to Team Canada. The clubs have until the Dec. 19 NHL roster freeze to decide.

players invited to the team selection camp that opens Dec. 11 in Toronto.

"We're living the moment and we don't really have time to think about it. We just try to get ready for the games."

Canada finds itself in a five-year gold-medal drought — and two years without any medal at all. It hopes to end that by icing a team of mostly 19-year-old players, at least seven of whom are returning from last year's tournament.

All are 19 except McDavid, the 17-year-old phenom who is expected to go first overall in the NHL draft in June. The Newmarket, Ont., native broke a bone in his right hand in a fight Nov. 12, but he is expected to skate with the team in camp and be ready for the tournament. **THE CANADIAN PRESS**



The Stampeder Touchdown Horseman delivers the cup

Stampeder's quarterback Bo Levi Mitchell, the MVP of the Grey Cup, returns to Calgary's McMahon Stadium with the trophy on Monday. The Stampeder's had claimed the 102nd Grey Cup the night before in Vancouver, where Calgary defeated the Hamilton Tiger-Cats 20-16. JEFF MCINTOSH/THE CANADIAN PRESS

Rams further divide with hands-up pose

Making a statement.
Demonstration by football players upsets police association

Five St. Louis Rams players entered the football field with their hands raised. A day later, people walked out of work or school showing the same gesture of solidarity with Ferguson protesters.

The pose has come to symbolize a movement, even though witnesses offered conflicting accounts of whether 18-year-old Michael Brown had his hands up in surrender when he was killed by Ferguson officer Darren Wilson in August.

The St. Louis Police Officers Association said the display by Rams players Tavon Austin, Kenny Britt, Stedman Bailey, Jared Cook and Chris Givens was "tasteless, offensive and inflammatory."

In Springfield, Mo., Rodney Shetler, watched the players' action from his home. He said the move was "in pretty poor



Rams players Stedman Bailey, from left, Tavon Austin, Jared Cook, Chris Givens and Kenny Britt raise their arms in awareness of the events in Ferguson, Mo., prior to Sunday's game against the Raiders in St. Louis. L.G. PATTERSON/THE ASSOCIATED PRESS

taste" and was divisive and disrespectful to law enforcement.

"It's a gesture proven by the grand jury not to be appropriate or accurate," said Shetler, the 44-year-old owner of a copy-ing and printing business.

A similar episode unfolded over four decades ago at the 1968 Olympics in Mexico City.

John Carlos, the American 200-metre bronze medallist, set off a political firestorm on the medal stand when he and teammate Tommie Smith gave the black power salute. He stood by the Rams players.

"If they choose to come out and raise their hands in support of whatever their emo-

tions are, they have the right to do that," Carlos told The Associated Press. "I don't think the whole story has been told about the Michael Brown tragedy, and the pros and cons on both sides. They can just go by their emotions. I don't think anyone got injured or shot by expressing emotions." THE ASSOCIATED PRESS

NFL. Hoyer still confident despite bad-game stretch

Brian Hoyer intends to finish what he started. The Browns may not give him the chance.

Cleveland's starting quarterback said Monday that his confidence has not been shaken despite three poor performances and believes he should keep his starting job over rookie Johnny Manziel.

"You don't get to 7-5 in the NFL just lucking into it," Hoyer said. "It's been a lot of hard work, and I think I've proven that I've gotten us to this point. I feel like I can carry us through the next four games."

Hoyer was replaced by Manziel in the fourth quarter of Sunday's 26-10 loss to Buffalo after throwing two interceptions, continuing a pattern of bad games over the past month.

Following the game, Browns coach Mike Pettine left open the possibility that



Cleveland's Brian Hoyer
GETTY IMAGES

he would start Manziel this week against the Indianapolis Colts. Manziel did give the Browns a spark against the Bills, leading Cleveland on a touchdown drive he capped with a 10-yard run.

Hoyer said he has not yet been told of his status for this week. THE ASSOCIATED PRESS

Sources. Mariners close to signing Nelson Cruz

The Mariners are on the verge of landing the right-handed slugger they were seeking for the middle of their batting order.

Free agent slugger Nelson Cruz and Seattle are nearing agreement on a contract, two sources told The Associated Press on Monday. The pair spoke on the condition of anonymity because the deal had not been finalized and was still pending a physical.

Seattle did not comment. Cruz led the major leagues with 40 home runs last season and had 108 RBIs for Baltimore, which signed him to an \$8-million, one-year deal. He served a 50-game suspen-

Price tag

\$57M

El Caribe in the Dominican Republic last reported the agreement, saying it was worth \$57 million over four years.

sion in 2013 for violations of the major-league drug agreement in relation to the sport's Biogenesis investigation.

He likely will bat behind fellow Dominican star Robinson Cano, who will be starting the second season of a \$240-million, 10-year contract. THE ASSOCIATED PRESS

Player of the year

Keeper Neuer left standing with Messi, Ronaldo

The World Cup-winning goalkeeper will face Cristiano Ronaldo and Lionel Messi for the Ballon d'Or. Manuel Neuer of Germany is the first keeper to make the prize's top three, named Monday, since 2006.

On the women's side, Brazil's Marta was named alongside American Abby Wambach and Germany's Nadine Kessler.

THE ASSOCIATED PRESS

In intensive care unit

Pele 'stable,' off dialysis treatment

Doctors say Pele is in good condition and will remain off kidney support treatment.

The Albert Einstein hospital says doctors decided Monday not to put the 74-year-old Brazilian great back on the hemodialysis that had been needed to support his only kidney.

The hospital says Pele remains in an intensive care unit but is "lucid" and "stable." THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You can't solve a personal problem until you admit it exists. However, you will discover the solution is easy. It was there all the time but you did not let yourself see it.

♉ Taurus

April 21 - May 21

You cannot be on good terms with everyone all of the time — even a good-natured Taurus will fall out with friends and loved ones once in a while. But it's no big deal.

♊ Gemini

May 22 - June 21

You will need to be tough, maybe even ruthless, to protect your interests against those who would like to see you fail.

♋ Cancer

June 22 - July 23

You will be called upon to make a daring decision that only you can get away with. You have a wealth of good ideas but do you have the drive and the determination to do something with them?

♌ Leo

July 24 - Aug. 23

You don't have to be nice if you feel someone is trying to hustle you. The best way to protect yourself is to go on the attack!

♍ Virgo

Aug. 24 - Sept. 23

The planets urge you to focus not on the things you want but on the things you need — and yes, they are different.

♎ Libra

Sept. 24 - Oct. 23

You may be wondering if you would be better off in a different place with a different group of people. Maybe you would, but don't make any hasty decisions.

♏ Scorpio

Oct. 24 - Nov. 22

There is no point throwing yourself at something you simply don't enjoy doing. The planets indicate it may be time for a change — and a big change at that.

♐ Sagittarius

Nov. 23 - Dec. 21

You may have good reason to be annoyed with a certain individual but is it worth the effort and the anguish? Probably not.

♑ Capricorn

Dec. 22 - Jan. 20

The task you have set yourself may be tough but you will find success. Nothing and no one can beat you, so long as you remember that challenge and opportunity are two sides of the same coin.

♒ Aquarius

Jan. 21 - Feb. 19

You will have to make a choice between two equally desirable things today — and, no, you cannot have both.

♓ Pisces

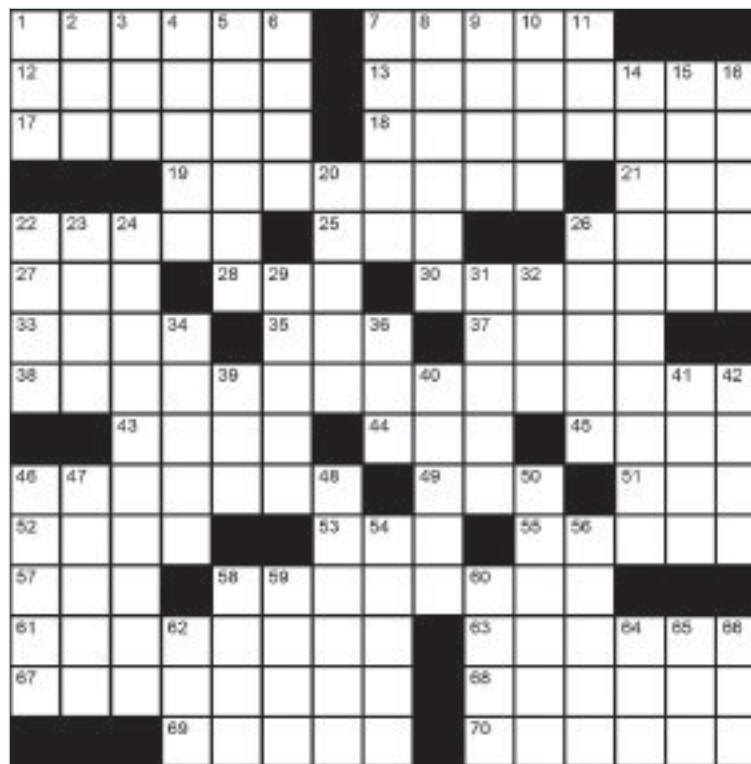
Feb. 20 - March 20

The Sun in Sagittarius has a tendency to make you fret about your career but there is no need. Whatever changes happen will be good for you.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Newfoundland dish, Fish and ____
7. Byes, in Italy
12. Like the kids in Canuck comedy "Meatballs" (1979): 2 wds.
13. Dolores ____ (Teacher at Hogwarts)
17. Establishment for pampering Fido: 2 wds.
18. The four largest satellites of Jupiter
19. ____ Playhouse (Theatre in Winnipeg since 1914)
21. "To ____ is human."
22. Female fortune-teller of ancient times
25. French season
26. High hairstyle
27. Restaurant chain, ____ Friday's
28. 'A' in ETA, briefly
30. Make the knife more cut-worthy
33. Golden gymnast Ms. Korbut
35. Hesitant sounds
37. Vase's handle
38. Planned attention-getting events: 2 wds.
43. Fats Domino hit: "____ That a Shame"
44. Ms. Benatar
45. Indisputable
46. Type of sleeveless shirt: 2 wds.
49. Calgary International Airport code
51. New Zealand parrot



52. Needs manners
53. Kanga creator's monogram
55. Moulding styles
57. Pique
58. Pattie ____, Justin Bieber's mom
61. Theatre Passe ____, in Toronto

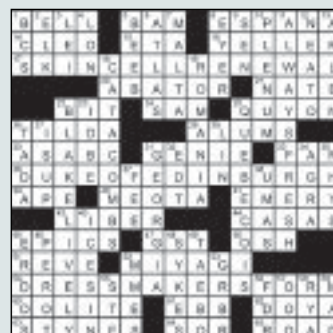
63. Gain
67. Contagious disease in early Canadian history
68. CTV crime drama
69. City in Iraq
70. Noisily napped

- sound!
2. Traveller's li'l way
3. 'Outer'-meaning prefix
4. Like a nest-living stinging bug
5. Antelope of Africa
6. Traverse
7. Bandleader Xavier

8. Pictures
9. Fit
10. "____ it Memorex?"
11. ____ vous plait (Please, in French)
14. Natural gas project off Nova Scotia's coast: 2 wds.

15. Avant-____
16. Company in 2001 headlines
20. Country songstress Ms. Clark
22. Halt
23. 'Snow house' in Inuktitut
24. 1930s and 1940s in music history: 3 wds.
26. Bear, in Latin
29. Right-hand page
31. Impulsive
32. Emmet
34. Comparable
36. "Vaseline" rock gr.
39. Percentage on a chg. card
40. "I've succeeded!": 2 wds.
41. Squirrel's spot
42. Tasman and Sargasso
46. Clips
47. Gold, in Latin
48. Paleness
50. T-Shirt material
54. Singer/pianist, ____ Ray Joel
56. Spanky & Our Gang's "Like to ____ Know You"
58. Ben Mulroney's mom
59. Swiss peaks
60. Highland hats
62. Western prov.
64. Televisé
65. 'Impress' suffix
66. "The Simpsons" character Mr. Flan-ders

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

4	5	9	6	7	3	8	2	1
8	3	2	1	9	5	6	4	7
7	6	1	8	2	4	5	9	3
6	2	3	5	8	9	1	7	4
5	8	4	2	1	7	3	6	9
9	1	7	3	4	6	2	5	8
1	9	8	7	5	2	4	3	6
3	4	5	9	6	8	7	1	2
2	7	6	4	3	1	9	8	5

			9	1	4			
		9				6		
	5			3			2	
4								9
2		6	1	8	5	7		3
5								2
	6			5			3	
		2				4		
			8	7	6			

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